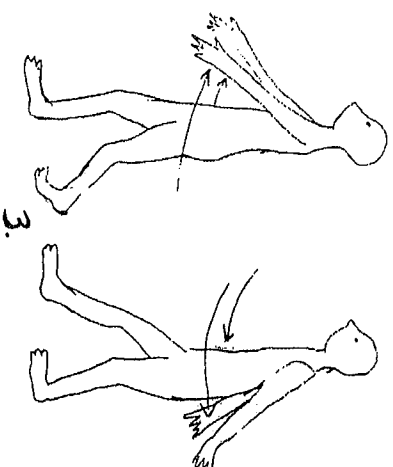
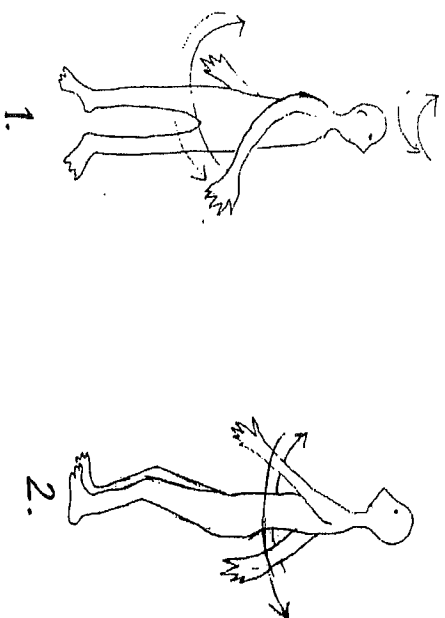


Asahi: 1. osio, rentoutus



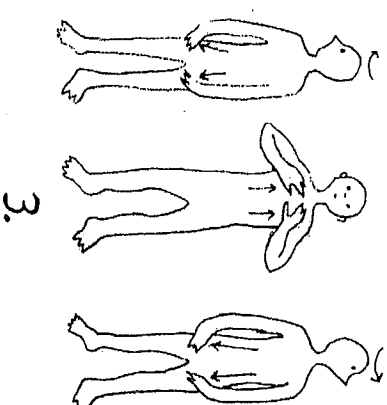
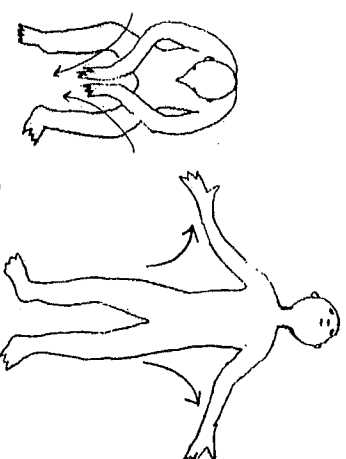
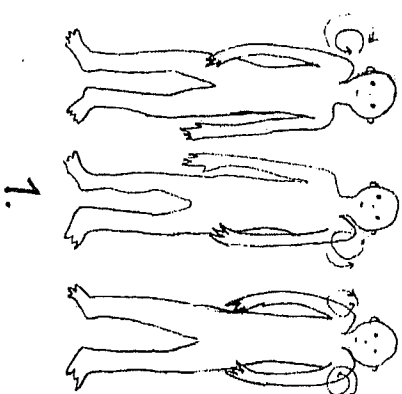
3.

www.youtube.com



asahi health

Asahi: 2. osio, niska- ja hartialiikkeet

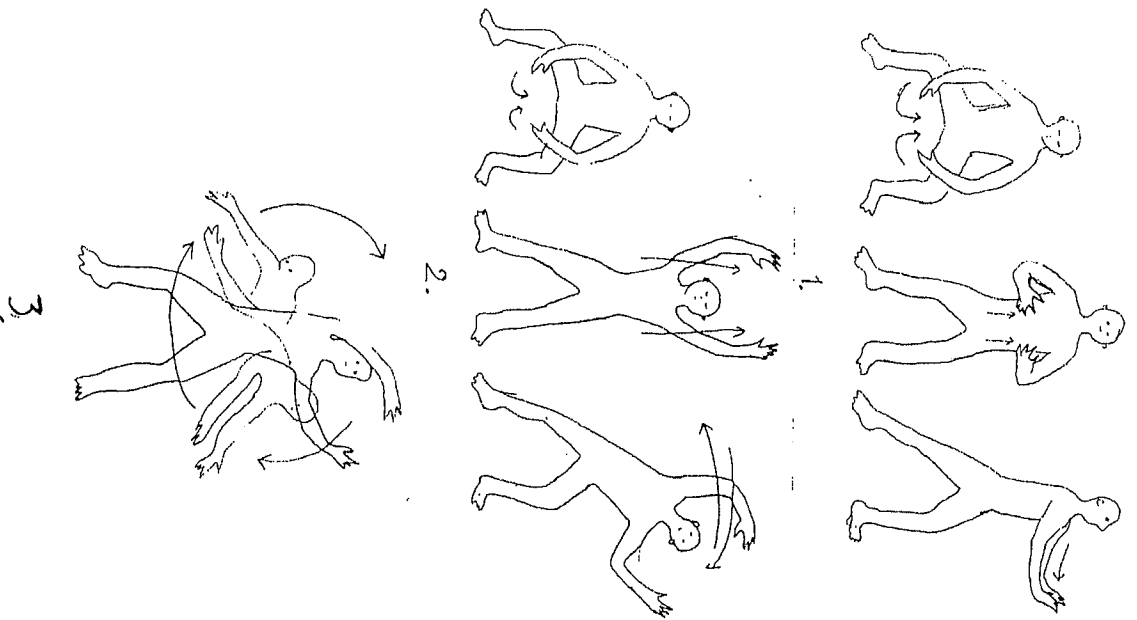


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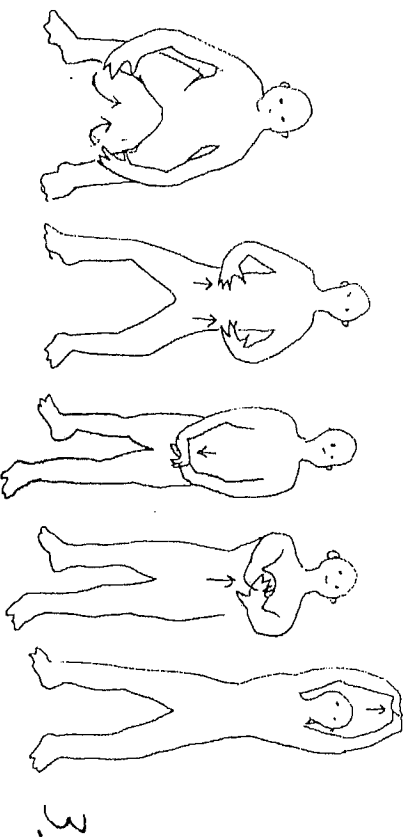
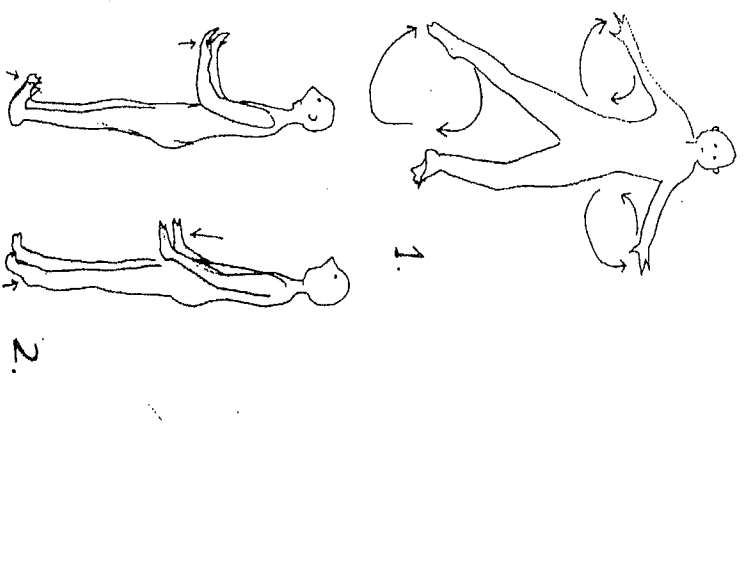
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Asahi: 3. osio, selkä



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Asahi: 4. osio, tasapaino



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